



### **KIDS SPOT and FAMILY AGREEMENT**

We are committed to working with your family to achieve goals in the fastest and most efficient way. To achieve this, we commit to the following and ask that you commit to this too.

#### **ASSESSMENT**

- At the conclusion of the assessment or via telephone the next day:
  - you will be provided brief details of results from the assessment and
  - a treatment plan that summarises your primary concerns, goals for treatment, strengths and areas of difficulty requiring support.
  - We will endeavour to find you a regular therapy spot or therapy options for the following school holiday period.
- A more detailed assessment report will follow to reinforce feedback and outline specific standardized results. This will be emailed within 2 weeks of the assessment, assuming all parent forms are returned on time.
- If you are accessing NDIS funding and require a review letter or assessment, please provide at least 2 weeks' notice to complete the assessment and report.

#### **THERAPY + SUPPORT**

- We offer leading services that are evidence-based. As such, we offer
  - weekly intervention
  - blocks of intervention and
  - intensive intervention.
- Your therapist will supply you with Therapy Goals during your initial therapy session and will incorporate your family goals. Therapy Goals will be reviewed and modified at the end of each term.
- We encourage all parents to be active and engaged participants in their child's therapy process. This ensures faster and more consistent progress.
- Kids Spot is a play-based service. Research shows that children learn through play, so therapy sessions may not look like you expect. If you have any questions, please feel free to chat with your therapist.
- We book weekly therapy sessions as a rolling appointment which continues throughout the school holidays.
- If you or your child are unwell, we will arrange a one-off Telehealth session and/or parent consult. This ensures consistency of care and the opportunity for us to provide an alternative service delivery type to ensure you meet your goals. We can also use this therapy time to develop a resource for your family.
- We provide parent training as part of each session, and you will receive session notes/outcomes and home suggestions via email following each session.
- In some cases, we may also provide voice or video recordings.
- We also offer school/preschool visits to support others working with your child and to help them achieve and generalise their goals to all aspects of their life. You can request this service, or your therapist may suggest it.
- All phone conversations longer than 15 min are charged as an additional consultation fee.
- At times, the development of additional resources may be relevant to your child's care; this is also charged as an additional consultation fee.
- We offer a unique multidisciplinary service with Active OT for Kids, allowing us to provide joint speech pathology and occupational therapy intervention where deemed suitable.
- Video recording may sometimes occur during a therapy session for professional development, clinical assessment and therapy review with Active OT For Kids. Please indicate if you do not wish for this to occur.
- We may seek advice from an occupational therapist where deemed appropriate. This ensures a holistic approach to your child's learning and further supports our intervention approach.